

# [Your Name]

[Street Address] , [State] [Postal Code]  
T: [Your Phone] E: [Your E-Mail]

## **About you**

Please introduce yourself here in this section.

## **Tournament Results & Awards**

Please list all your major tournament results including any awards as well.

## **Training**

How often do you train? Please tell us about your training methods and how you would normally train on the daily basis. Please also list anything else you would like us to know regarding your experience in Taekwondo.

## **Why Team-M?**

Why are you interested in Team-M? How can you be an asset to the team? What do you think will help you stand out from the rest of the candidates?

## **Your Strengths**

Please list all personal strengths here.

## **Your weaknesses**

Please list all personal weaknesses here.

## **Additional information**

How did you find out about Team-M? Is there anything else you would like to let us know about yourself?